

## Curriculum Map Template

<b>Level:</b>	1st grade	<b>Unit:</b>	Locomotor Movement, Movement Concepts: Pathways, Levels, Speeds
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NASPE Standards/GLE's	Key Skills/Concepts (Psychomotor/Cognitive)	Learning Activities (Drills, Games, Instruction)	Formal/Informal Assessment (Cognitive/Psychomotor)
<p><b>NASPE-1:</b> Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.</p> <p><b>GLE 1.1.1.</b> Demonstrates mature form in loco-motor skills that contribute to movement proficiency</p>	<ul style="list-style-type: none"> <li>Locomotor Skill: Skip <ul style="list-style-type: none"> <li>Skip Pattern: "Step hop"</li> <li>Skip Rhythm: Uneven</li> <li>Technique: With arms in opposition, without loss of balance</li> </ul> </li> <li>Movement Concepts: Pathways, speeds <ul style="list-style-type: none"> <li>Pathway: Straight</li> <li>Pathway: Angular</li> <li>Pathway: Curved</li> <li>Speed: Medium, normal</li> <li>Speed: Fast, quick</li> <li>Speed: Slow</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Walk along lines on the floor, following designated pathways</li> <li>Walk along lines on the floor. Hop on one foot each time the lines meet.</li> <li>Walk along lines on the floor. Hop on one foot each time the drum beats (with increasing frequency).</li> <li>Follow lines on the floor and perform a "step-hop" pattern.</li> <li>Follow lines on the floor and perform a "step-hop" pattern gradually increasing speed.</li> <li>Skip in curved/circular pathways to music.</li> <li>Skip in self-selected pathways to song "GhostBusters." Each time "Who you gonna call" is heard, change pathways.</li> <li>Skip in self-selected pathways and speeds to song "Ghost Busters." Each time "Who you gonna call" is heard, change speed.</li> <li>Skip in self-selected pathways to song "Locomotion." Each time "C'mon Baby, do the locomotion" is heard, change pathways and speed.</li> </ul>	<ul style="list-style-type: none"> <li>Student is able to skip along lines of the gym floor while maintaining balance, opposition, pattern, and rhythm for 1 minute.</li> <li>Student is able to skip along lines of the gym floor and change pathway when lines intersect for 1 minute.</li> <li>Student is able skip in a curved/circular pathway for 30 seconds.</li> <li>Student is able to skip in self-selected pathway and change pathway on command for 1 minute.</li> <li>Student is able to skip at a medium, fast, and slow speed for 50 feet.</li> <li>Student is able skip in a self-selected pathway and change speed on command for 2 minutes.</li> <li>Student is able to skip in a self-selected pathway and change pathway and speed on command for 3 minutes.</li> <li>Student is able to identify the pattern and rhythm for the skip.</li> </ul>