

Curriculum Map Template

Level:	7 th Grade	Unit:	Pickle Ball
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NASPE Standards/GLE's	Key Skills/Concepts (Psychomotor/Cognitive)	Learning Activities (Drills, Games, Instruction)	Formal/Informal Assessment (Cognitive/Psychomotor)
<p>NASPE-1: Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.</p> <p>GLE 1.1.1. Demonstrates fundamental motor skills and complex motor skills that contribute to movement proficiency</p> <ul style="list-style-type: none"> Demonstrates proficiency of movement combinations in fundamental motor skills and complex skills involving individual games and activities. 	<ul style="list-style-type: none"> Forehand Stroke <ul style="list-style-type: none"> Grip-index knuckle on $\frac{3}{4}$ round of racket Stance-pivot and step Stroke-racket back early; firm wrist; swing low to high, wait for ball to drop, hit ball in front of right hip Backhand Stroke <ul style="list-style-type: none"> Grip-knuckle top Stance-pivot and step; get racket back early Stroke-swing low to high; wait for ball to drop, hit ball at knee height. Serving <ul style="list-style-type: none"> Grip-paddle palm up Foot placement-one foot in front of baseline, other foot in back of baseline Toss-drop ball then swing paddle. Swing-pitching horseshoe; follow through up to hit face with bicep; Statue of Liberty 	<ul style="list-style-type: none"> Forehand Stroke <ul style="list-style-type: none"> Individual juggling Wall volley forehand only. Volley with partner Volley and rotate-same and opposite side Hula hoop volley-from partner toss. Backhand Stroke <ul style="list-style-type: none"> Individual juggling-alternate grip Wall volley backhand only. Volley with partner Volley and rotate-same and opposite side Hula hoop volley-from partner toss. Serving <ul style="list-style-type: none"> Wall serve Serve to partner Serve target practice Pickle Ball Golf-Serving 	<ul style="list-style-type: none"> Forehand Stroke: Student is able to accurately hit a forehand stroke to the back 1/3 of the court from a partner toss 7-10 times Backhand Stroke: Student is able to accurately hit a backhand stroke to the back 1/3 of the court from a partner toss 7-10 times. Serve: Student is able to accurately hit a serve into the appropriate service court 7-10 times.