

Pickle Ball Forehand Stroke Skill Assessment Checklist

Rank your partner on the following skill component using the scale below. Have them repeat the skill at least five times before giving your ranking.

- **P=proficient (does every time);**
- **C=competent (does on most attempts)**
- **B=basic (does occasionally but still needs to work on this part.)**

Grip and Stance:

P	C	B	Description
			Uses handshake grip with firm wrist
			Paddle perpendicular to the floor
			Knees bent in ready position to receive the pickle ball

Contact/Execution:

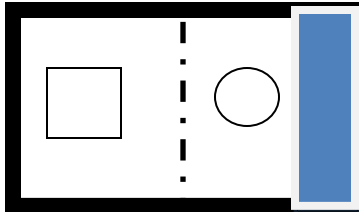
P	C	B	Description
			Pivots and steps toward the ball
			Brings racket back early in preparation
			Contacts ball in front of right hip

Follow Through/Finish:

P	C	B	Description
			Swings the paddle low to high on contact
			Maintains a firm wrist on contact
			Paddle moves forward and across the body

Performance Accuracy:

Score		Description
P		Student performs 10 throws at goal placing at least 7 of the throws in the right or left third of the goal
C		Student performs 10 throws at goal placing at least 5 of the throws in the right or left third of the goal
B		Student performs 10 throws at goal placing at least 3 of the throws in the right or left third of the goal

Description of Accuracy Assessment	Diagram
Student stands in a five foot square in the center of the back court. The partner stands in a hula hoop just behind the short line on the opposite court. A line is placed across the back of the court 4 feet in front of the baseline. The student in the hula hoop throws the pickle ball to the partner's forehand. The student returns the ball into the back 1/3 of the court. Scoring is 2 points for ball hit into the back 1/3 of the court and 1 point for in bounds in the front 2/3rds of the court.	 <p>The diagram shows a rectangular court layout. On the right side, there is a blue vertical rectangle representing a goal. A dashed vertical line runs from the top to the bottom of the court, positioned to the left of the goal. On the left side of the court, there is a small square representing a five-foot square. The text describes the student's position in this square and the partner's position in a hula hoop behind the short line (the dashed line) on the opposite court.</p>

Student Performer: _____

Student Observer: _____

Teacher Observation: _____

Date: _____